

Athletics Trust Scotland Proms 3K
1st June 2022
Race Number 3

Posn	No	Forname	Surname	Club	Cat	Time
1	82	Max	Abernethy	Fraserburgh RC	M	08:41
2	34	Matthew	Hodkinson	Metro Aberdeen	M	09:52
3	102	Luke	Nelson	Aberdeen University	M	09:54
4	54	Joe	Folan	Metro Aberdeen	M	09:54
5	92	David	Jamieson	Unattached	M	10:25
6	81	Mark	McDonald	Jog Scotland Bridge of Don	M40	10:27
7	95	Grant	Massie	Unattached	M	10:34
8	57	Kyle	Gibson	Young Meldrum Runners	MJ	10:35
9	99	Neil	Murray	Garioch Road Runners	M40	10:36
10	94	Joanna	Bisset	Metro Aberdeen	F	10:36
11	10	Kevin	Morice	Moray RR	M45	10:53
12	96	Kieran	Downie	AAAC	MJ	11:06
13	67	Hannah	Mutch	AAAC	F	11:08
14	9	Quintin	Chalmers	Metro Aberdeen	M45	11:28
15	101	Joanna	Robertson	AAAC	F	11:30
16	25	Malcolm	Finlayson	Metro Aberdeen	M55	11:33
17	89	Euan	Murphy	Unattached	MJ	11:47
18	69	Michael	Paddon	Unattached	M40	11:49
19	45	Kelly	Cruden	Peterhead AAC	F40	12:01
20	86	Eric	Simpson	JSK RC	M60	12:04
21	93	Mark	Hale	Metro Aberdeen	M40	12:10
22	31	Ian	Thom	Metro Aberdeen	M65	12:11
23	7	Sam	Brooks	AAAC	MJ	12:12
24	84	Carly	McNeil	Newburgh Dunes RC	F	12:41
25	35	Phil	Mann	Metro Aberdeen	M60	12:49
26	43	Greg	Bruce	Fraserburgh RC	M	12:52
27	91	Louise	Kelly	Stonehaven RC	F55	12:52
28	65	Carol	Massie	Fraserburgh RC	F55	12:52
29	20	Louisa	Lawrie	Unattached	F	12:57
30	12	William	Skinner	AAAC	M60	14:03
31	16	Richard	Arnold	Unattached	M50	14:20
32	27	Isabel	McDonald	Metro Aberdeen	F60	14:31
33	24	Laura	McPherson	Unattached	F40	14:42
34	88	Justine	Dunbar	Jogscotland Hazlehead	F	15:09
35	90	Rosemary	Leiper	Metro Aberdeen	F65	15:16
36	6	Frank	Campbell	Metro Aberdeen	M40	15:24
37	17	Douglas	Garrick	Unattached	M60	15:39
38	78	Lynne	Craib	Jog Scotland Bridge of Don	F	15:57
39	28	Lana	Hadden	Metro Aberdeen	F65	16:12
40	23	John	Elrick	JSK RC	M65	16:12
41	77	Raymond	Simpson	Jog Scotland Bridge of Don	M65	17:03
42	75	Alan	Fulton	AAAC	M70	17:14
43	8	James	Wright	Hunters Bog Trotters	M65	19:46
44	79	Katrina	Wheeler	Jog Scotland Bridge of Don	F45	21:39